



Food On  
Our Doorstep

### About Us

Family Action is a charity committed to building stronger families by delivering innovative and effective services and support that reaches out to many of the UK's most vulnerable people.

We seek to empower people and communities to address their issues and challenges through practical, financial and emotional help.

### Contact the Service

Visit our webpage at:  
[www.family-action.org.uk/food-clubs](http://www.family-action.org.uk/food-clubs)

Email our clubs:  
Southend:  
[southendfoodclubs@family-action.org.uk](mailto:southendfoodclubs@family-action.org.uk)

Bristol and the South West:  
[bristolfoodclubs@family-action.org.uk](mailto:bristolfoodclubs@family-action.org.uk)

Greater Manchester:  
[manchesterfoodclubs@family-action.org.uk](mailto:manchesterfoodclubs@family-action.org.uk)

# Family Action

## Food On Our Doorstep

### Good-quality food at a low price

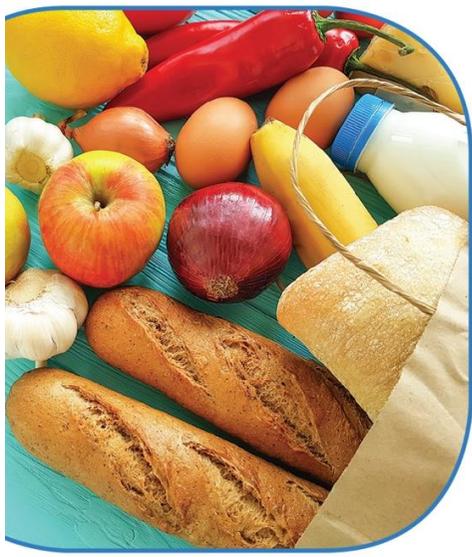


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Professor Harriet Ward CBE.



[www.family-action.org.uk](http://www.family-action.org.uk)



### Our Aims

The Food On Our Doorstep (FOOD) programme aims to

- Provide regular access to a sustainable supply of food to people at risk of food insecurity
- Encourage families to access local support services and be signposted to other agencies
- Increase disposable income for local families to improve life chances and wellbeing
- Reduce the amount of food being sent to landfill in the UK by utilising surplus food

### Where We Work

Family Action runs FOOD clubs in different areas of the country, for example, Greater Manchester, Bristol and the South West, and Southend-On-Sea.

### Our Approach

We provide families with good-quality food at a low cost, while also reducing food waste.

Food On Our Doorstep is a membership scheme. It costs just £1 a year for a family to become a member.

Once they have joined, they can purchase a bag of tasty food items every week worth approx. £15 for just £3.50! To become a member a family must live or work within 15 minutes of a FOOD club.

### Our Impact

From the feedback we receive, we know our clubs make a huge difference to members.

People tell us Food On Our Doorstep has changed their lives massively and that they couldn't live without it.

As well as being financially better off, our members say they eat more healthily, as the food they receive challenges them to try new foods.

## How to get involved

### Volunteer:

We're currently looking for volunteers to support Food On Our Doorstep. All volunteers receive a wide range of benefits, such as free training and free membership of the scheme for one year. For more information, please visit [www.family-action.org.uk/food-clubs](http://www.family-action.org.uk/food-clubs)

### Fundraise

There are plenty of ways that you can get involved in fundraising for us and/or by making donations of food items. To find out more please email [fundraising@family-action.org.uk](mailto:fundraising@family-action.org.uk)

### Promote

Please promote FOOD clubs operating in your area, for example, by distributing flyers to families. You can find publicity materials on our website at [www.family-action.org.uk/food-clubs](http://www.family-action.org.uk/food-clubs)

## Find out more

Contact FOOD clubs in your area:

- Southend-on-Sea: [southendfoodclubs@family-action.org.uk](mailto:southendfoodclubs@family-action.org.uk)
- Bristol and the South West: [bristolfoodclubs@family-action.org.uk](mailto:bristolfoodclubs@family-action.org.uk)
- Greater Manchester: [manchesterfoodclubs@family-action.org.uk](mailto:manchesterfoodclubs@family-action.org.uk)

'I thought it an opportunity you couldn't miss.' (Food On Our Doorstep Member)

